

Statin Therapy for Patients with Diabetes (SPD)

Description of Measure

The percentage of members 40–75 years of age as of December 31 of the measurement year during the measurement year with diabetes who do not have clinical atherosclerotic cardiovascular disease (ASCVD) who met the following criteria. Two rates are reported¹:

- *Received Statin Therapy.* Members who were dispensed at least one statin medication of any intensity during the measurement year.
- *Statin Adherence 80%.* Members who remained on a statin medication of any intensity for at least 80% of the treatment period.

Members are identified with diabetes two ways:

1. Members who had at least two diagnoses of diabetes on different date of service during the measurement year (MY) or prior year (PY).
 2. Members who were dispensed insulin or hypoglycemics/antihyperglycemics during the MY or PY **and** have at least one diagnosis of diabetes during the MY or PY.
- Treatment period is defined as the earliest prescription dispensing date in MY for any statin medication of at least moderate intensity through the last day of the measurement year.

Statin Alternatives

The following statin alternatives are not acceptable for this measure:

1. Ezetimibe (Zetia)
2. Bempedoic acid (Nexletol)

Documentation

Required documentation of a statin being dispensed:

- Member name and DOB
- Dispensed date or shipped date within MY
- Medication name, dose, route, doses per day (sig) and quantity

Provider visit with documentation of an exclusion.

Exclusions

Exclusion	Time limit
<ul style="list-style-type: none"> MI: Discharged from an inpatient setting with an MI on the discharge claim. CABG: Any setting PCI: Any setting. Other revascularization: Any Setting 	During the prior year
<ul style="list-style-type: none"> Ischemic Vascular Disease 	Members who had at least one outpatient encounter or an inpatient discharge diagnosis of IVD in both prior year and measurement year
<ul style="list-style-type: none"> Pregnancy In vitro fertilization Clomiphene - Dispensed at least one prescription of ESRD Dialysis Cirrhosis 	During prior year or measurement year
<ul style="list-style-type: none"> Myalgia or rhabdomyolysis caused by a statin 	Anytime during the member's history through measurement year
<ul style="list-style-type: none"> Myalgia, myositis, myopathy or rhabdomyolysis Dispensed dementia medication Members who use elect to use hospice Members who die Members receiving palliative care 	During the measurement year
<p>Members must meet both frailty and advanced illness criteria to be excluded:</p> <ul style="list-style-type: none"> Frailty. At least two indications of frailty with different dates of service during the measurement year. Advanced Illness. Either of the following during the measurement year or the year prior to the measurement year: <ul style="list-style-type: none"> Advanced illness on at least two different dates of service. Dispensed dementia medication 	Members 66 years of age and older as of December 31 of the measurement year with frailty and advanced illness

Exclusion Codes

ICD-10 Diagnosis	Definition
K70.30, K70.31, K71.7, K74.3 - K74.5, K74.60, K74.69, P78.81	Cirrhosis
G72.0, G72.2, G72.9	Myopathy
M60.80, M60.811, M60.812, M60.819, M60.821, M60.822, M60.829, M60.831, M60.832, M60.839, M60.841, M60.842, M60.849, M60.851, M60.852, M60.859, M60.861, M60.862, M60.869, M60.871, M60.872, M60.879, M60.88, M60.89, M60.9	Myositis

ICD-10 Diagnosis	Definition
M62.82	Rhabdomyolysis
M79.10 - M79.12, M79.18	Myalgia
N18.5, N18.6, Z99.2	ESRD
I21.01 - I21.B, I22.0 - I22.9, I23.0 - I23.8, I25.2, I25.6	MI (Myocardial infarction)
Z51.5	Palliative Care

CPT Codes	Definition
92920, 92924, 92928, 92933, 92937, 92941, 92943	PCI (Percutaneous Coronary Intervention)
37220, 37221, 37224, 37225, 37226, 37227, 37228, 37229, 37230, 37231	Other Revascularization
I20.0, I20.2 – I20.9, I24.0, I24.8 – I24.9, I25.10 – I25.119, I25.5, I25.6, I25.700 – I25.9, I63.20 – I63.29, I63.50 – I63.59, I65.01 – I65.29, I66.3 – I66.9, I67.2, I70.1, I70.201 – I70.799, I70.92, I75.011 – I75.89, I75.81, I75.89, T82.855A – T82.856S	IVD (Ischemic Vascular Disease)

SNOMED Code	Definition
16524291000119105	History of myalgia caused by statin
16524331000119104	History of rhabdomyolysis due to statin
16462851000119106	Myalgia caused by statin
787206005	Rhabdomyolysis due to statin

Strategies for Success

- Education on the importance of statin therapy adherence during every visit.
- Offer 90-day supply of medication to members, if appropriate.
- Encourage mail order with each refill.
- Discuss potential side effects, ways to treat the side effects of statin medications. Remind members to contact provider's office if side effects occur or are suspected.
- Schedule follow up visits before the member leaves the office.
- Document any adverse effects from statin therapy.
- Try reducing the dose or frequency or consider trying a different statin medication.

Resources

- I. National Committee for Quality Assurance, HEDIS® Measurement Year 2025 Volume 2 Technical Specifications for Health Plans



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