# Mental health and Substance abuse

Medical benefit billing guide

September 2024





## **Relevant provider types & services**

- Licensed clinical psychologist
- Licensed clinical social worker (LCSW)
- Licensed marriage and family therapist (LMFT)
- Licensed professional counselor (LPC)
- Licensed psychological examiner (LPE)
- Community psychiatric nurse (CNP)
- Applied behavior analysis (ABA)
- Residential treatment center (RTC)
- Substance use treatment
- Intensive outpatient treatment (IOP)
- Partial hospitalization program (PHP)

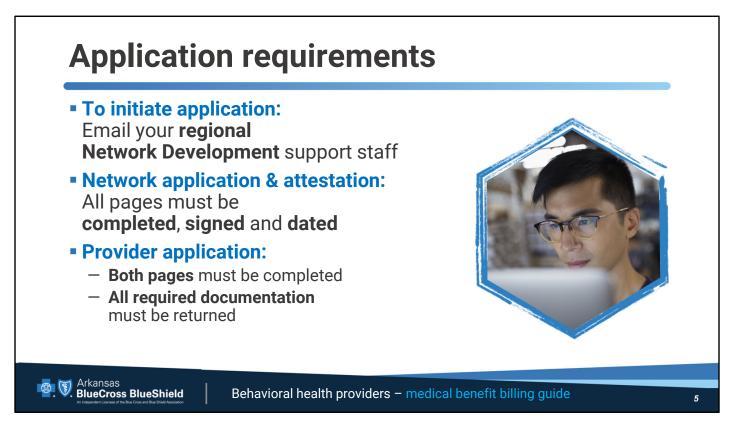
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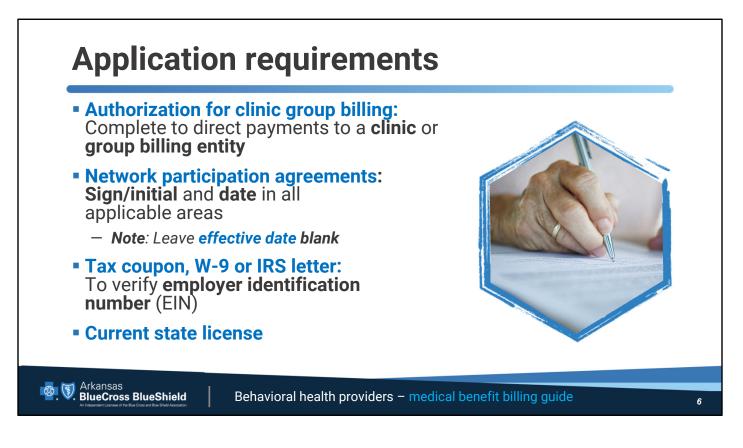
# **Credentialing steps**



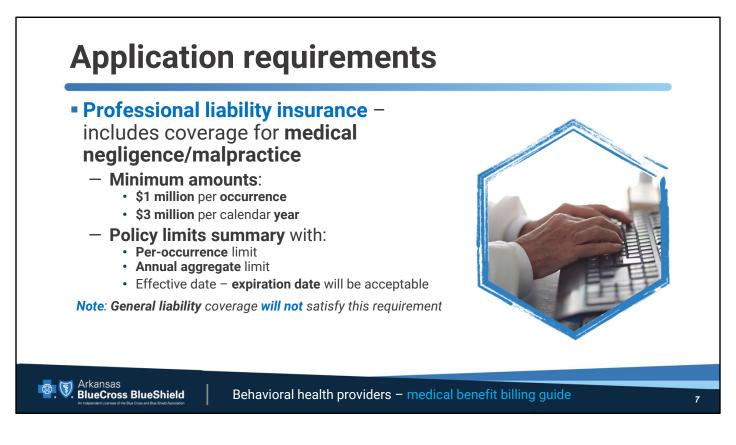




The complete application with all supporting documentation must be returned at the same time. Any incomplete packets will be returned to the provider. If only signature pages are returned, without every page of the contract, they will be rejected.



Once the clinic is created, then each provider should be linked to the clinic. This will allow for you to bill for the rendering provider, directing the payment to the clinic. **Even** if you chose to operate as a **solo provider**, it is **recommended** to set up a clinic with your tax ID and banking information for payments.



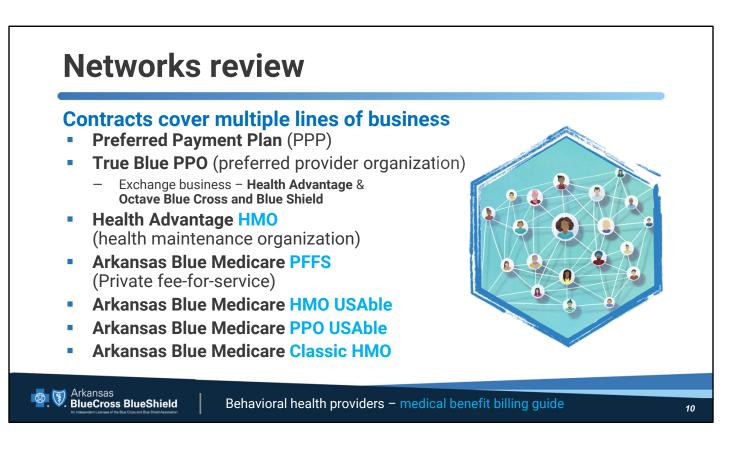
If your organization carries your professional liability coverage for you, then your name must be listed on the policy provided to Arkansas Blue Cross.



When creating the clinic or pay-to entity which is your clinic's name, you will need your certificate of general liability coverage.

# Networks





There will be four main contracts offered to providers:

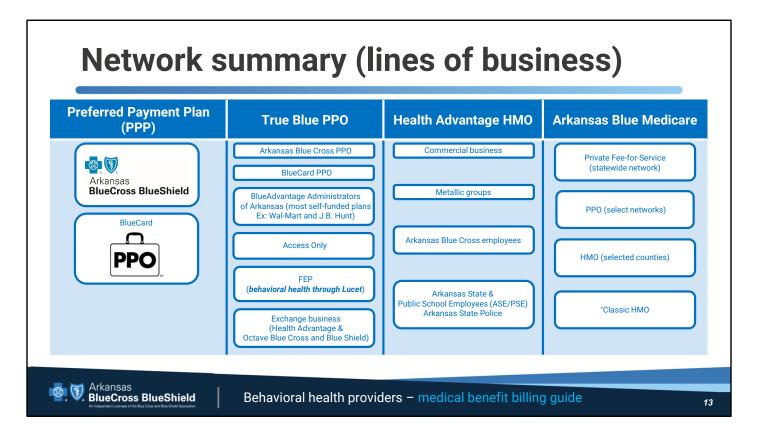
- PPP
- True Blue PPO, serving Exchange business, including **Health Advantage** and **Octave Blue Cross and Blue Shield**
- Health Advantage
- Arkansas Blue Medicare

Arkansas Blue Medicare does not contract with all providers types. Arkansas Blue Medicare, per CMS, will extend contracts to Ph.D.s, LCSWs, LMFTs, PA's, CNP's and LPCs.



https://www.cms.gov/files/document/mln1986542-medicare-mental-healthcoverage.pdf

Plan H3554_011
10/2022
BlueMedicare Classic (HMC
Plan H9699_004
Rx Bin 016895
RX PCN HMOAR
Rx Group ARPARTD
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**BlueCard** – BlueCard members are members whose insurance coverage is provided by another state's Blue Plan. These members may work and/or reside in Arkansas, but Arkansas Blue Cross Blue Shield is not their Home Plan. Example: Lennox employees in Stuttgart are insured by Blue Cross and Blue Shield of Texas because the Lennox home office is in Texas. Therefore, Blue Cross and Blue Shield of Texas will determine benefits. Arkansas Blue Cross receives claims and prices them at our network rates, but the claims are forwarded to the **home** plan for benefits to be applied. This means Arkansas Blue Cross **does not** determine how benefits are applied or to which provider types benefits are allowed. Please note that some BlueCard claims may deny as "provider not allowed to render these services" and will need to be written off, per provider contract.

**Self-funded** – Companies who fund payment of their own claims through Arkansas Blue Cross. All BlueAdvantage plans – Walmart, J.B. Hunt, Arkansas State Employees & Public School Employees, etc. – are self-funded and determine their own benefits.

Behavioral health for members of the Federal Employee Program (FEP) is administered through Lucet. Providers should contact Lucet to join their behavioral health network.

Providers will receive multiple contracts PPP, True Blue PPO and Health Advantage. Under each contract there are multiple lines of business.

Medicare Advantage allow Ph.D.s, LCSWs, LMFTs, PA's, CNP's and LPCs to participate in the Medicare Advantage networks.

# **Billing in Availity**





## What is Availity?

- Availity Arkansas Blue Cross electronic gateway or EDI (electronic data interchange)
- Availity Essentials Portal the online provider portal allowing providers to connect with Arkansas Blue Cross for the following:
  - Eligibility and benefits
  - Direct Data Entry
  - Claim corrections
  - Claim status
  - Fee schedule review
  - Remittance advice access
  - Message the Payer
  - Availity Learning Center

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## How do I learn to use Availity?

## Availity Learning Center – free on-demand and live training

- Log in and select Help & Training to search for demos
- To search for Arkansas Blue Cross-specific training, type the word Arkansas in the search field (upper right corner of the training catalog) to access topics like:
  - Availity Introduction
  - Administrator Training
  - EDI Reports Claim Submission
  - Claim Submission
- Availity training is highly recommended prior to using Availity Essentials Portal

#### Availity support

- In the Help & Training menu, select Availity Support
- Select Contact Support or call Availity at 800-282-4548

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ental Health Visit – Office: Service Type Psychotherapy – A6	
Service Information	
As of Date 😧	
08/06/2024	
Benefit / Service Type 😧	
Psychotherapy - A6	clear

# **Eligibility verification in Availity**

## Mental Health Visit – Office:

	Co-Insurance	Co-Payment	Benefit Deductible 💡	Limitations 😧	Authorization 😧
Network Not Applicable • FOR MH OFFICE VISIT BENEFIT, SEE SERVICE TYPE PSYCHOTHERAPY.	_	\$0 / Visit(s)	Refer to: Health Benefit Plan Coverage	-	-
✓ Psychotherapy - A6	Co-Insurance	Co-Payment	Benefit Deductible 🥹	Limitations 😧	Authorization 📀
Information / Details					

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Mental Healt	h Visit – Facility:
Service In	formation
* As of Date 😢	
08/06/2024	
* Benefit / Service	Гуре 😮
Residential Psych	iatric Treatment - RT

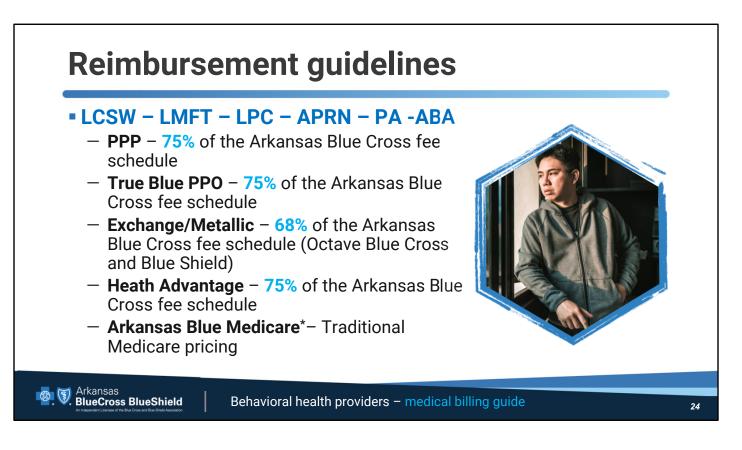
# **Eligibility verification in Availity**

## Mental Health Visit – Facility:

formation / Details	Co-Insurance	Co-Payment	Benefit Deductible 🥹	Limitations 💡	Authorization @
Network Not Applicable	_	\$0 / Visit(s)	Refer to: Health Benefit Plan Coverage	-	Auth Required
Namers Los Application Name: LUCET HEALTH Category: Linitations Type: Utilization Management Organization Contact Information P: 877-801-1159	-	-	Refer to: Health Benefit Plan Coverage		Auth Required
Hebwork Hod Applicable	-	-	Refer to: Health Benefit Plan Coverage	60 Day(s) / 1 Service Year(s) 60 Day(s) Remaining	Auth Required
in Network	20% / Service Year(s)	-	Refer to: Health Benefit Plan Coverage	-	Auth Required

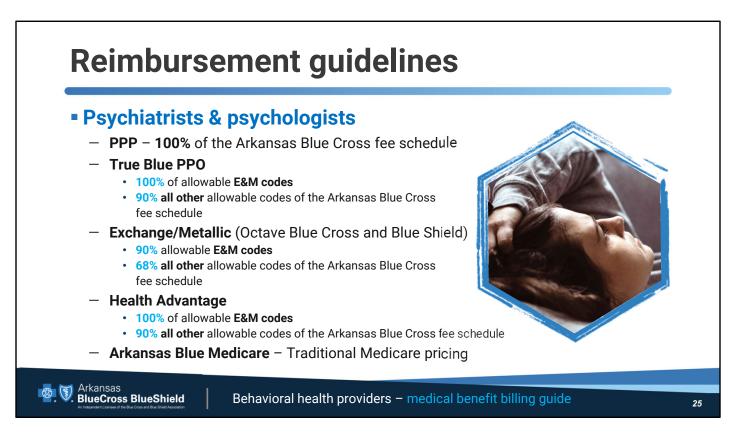
# Reimbursement guidelines





PPP, True Blue PPO, and Health Advantage reimburse at 75% of the fee schedule. Exchange/Metallic plans reimburse at 68% of the fee schedule.

\* Arkansas Blue Medicare, for those who participate in these networks, will reimburse at traditional Medicare pricing.



PPP will reimburse at 100% of allowed codes, True Blue PPO, and Health Advantage reimburse at 100% of allowed E&M codes and 90% of allowed codes on the Arkansas Blue Cross fee schedule. Exchange/Metallic plans reimburse at 90% of billable E&M codes and 68% of all other allowed codes of the Arkansas Blue Cross fee schedule.

Reimbursement is a percentage of the Arkansas Blue Cross fee schedule except for Arkansas Blue Medicare.

## Disclaimer

- The following slides are subject to coverage policy changes and updates
- CPT code changes that occur yearly will be updated as soon as possible



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# **Reimbursable codes for LCSWs**

00705	00050	0(1(0	00404	00400	00000
90785	90853	96160	99404	99492	G0323
90791	92597	96161	99406	99493	Q3014
90832	96110	99199	99407	99494	S9127
90834	96116	99354	99408	99495	S9140
90837	96121	99355	99409	99496	S9452
90839	96125	99367	99411	G0017	
90840	96127	99368	99412	G0108	
90846	96156	99401	99415	G0109	
90847	96158	99402	99416	G0018	
90849	96159	99403	99484	G0155	

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## **Reimbursable codes for LMFTs**

90791	96160	99411
90832	96161	99412
90834	99401	99484
90837	99402	99495
90839	99403	99496
90846	99404	G0017
90847	99406	G0018
90853	99407	
96110	99408	
96127	99409	

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Reimbursable codes for LPEs								
90785	90853	96113	96137	99355	99412			
90791	90885	96116	96138	99401	99415			
90832	90887	96121	96139	99402	99416			
90834	90889	96125	96146	99403	G0017			
90837	90899	96127	96156	99404	G0018			
90839	96020	96130	96158	99406	G0018			
90840	96040	96131	96159	99408	G0108			
90846	96105	96132	96160	99409	G0109			
90847	96110	96133	96161	99407	S9140			
90849	96112	96136	99354	99411	S9452			

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#### **Reimbursable codes for LPCs** G0017 G0018 G0155 G0323 Q3014

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# Reimbursable codes for behavioral analysts

CPT codes	CPT codes	Covered diagnosis codes
0362T	97154	F84.0
0373T	97155	F84.3
97150	97156	F84.5
97151	97157	F84.8
97152	97158	F84.9
97153		

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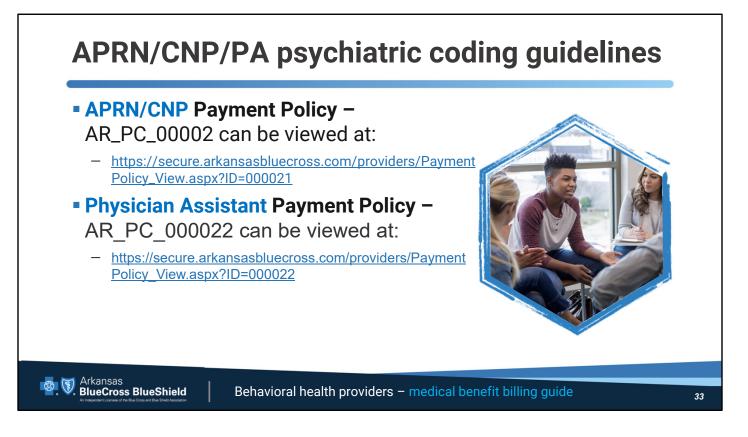
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# **Reimbursable codes for psychologists**

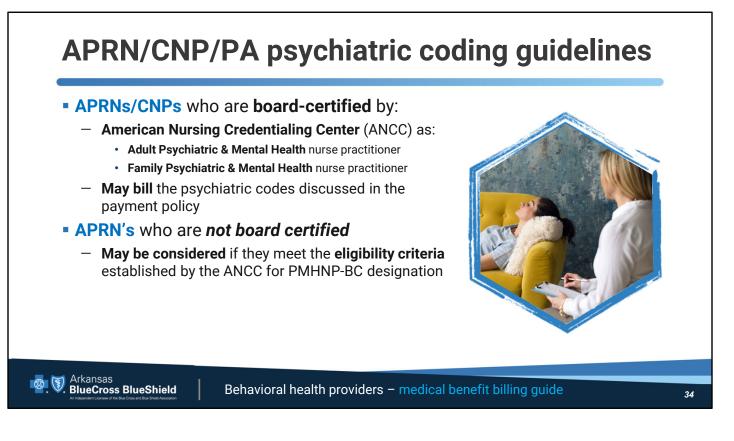
C							
90785	90853	96113	96137	96165	99406	G0018	S9482
90791	90885	96116	96138	99199	99407	G0108	S9484
90832	90887	96121	96139	99354	99408	G0109	S9485
90834	90889	96125	96146	99355	99409	G0323	
90837	90899	96127	96156	99367	99411	G0409	
90839	96020	96130	96158	99368	99412	G0410	
90840	96040	96131	96159	99402	99415	G0411	
90846	96105	96132	96160	99403	99416	S9140	
90847	96110	96133	96161	99401	99484	S9452	
90849	96112	96136	96164	99404	G0017	S9480	

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The Payment policy for APRNs, and CNP's are not specific to mental health. The following four slides are specific to mental health. For further details please refer to the payment policy.



Newly credentialed providers' qualifications are reviewed upon credentialing, per provider request.

### **APRN/CNP/PA psychiatric coding guidelines** Non-board-certified APRN eligibility criteria: Graduate degree from an adult psychiatric and mental health nurse practitioner program accredited by either the: Commission on Collegiate Nursing Education (CCNE) • National League for Nursing Accrediting Commission (NLNAC) The graduate program must include: A minimum of 500 faculty-supervised clinical hours Separate courses in: Advanced physical/health assessment Advanced pharmacology Advanced pathophysiology Content in: Health promotion & disease prevention Differential diagnosis & disease management Clinical training in: At least two psychotherapeutic treatment modalities Arkansas BlueCross BlueShield Pharmacist medical billing 35

The eligibility criteria for APRN's who are not Psychiatric Certified must: **Graduate degree** from an adult psychiatric and mental health nurse

practitioner program accredited by either the:

Commission on Collegiate Nursing Education (CCNE) National League for Nursing Accrediting Commission (NLNAC) The graduate program must include:

A minimum of **500 faculty-supervised** clinical hours **Separate courses** in:

Advanced physical/health assessment

Advanced **pharmacology** 

Advanced pathophysiology

### Content in:

Health promotion & disease prevention

Differential diagnosis & disease management

### Clinical training in:

At least two psychotherapeutic treatment modalities

## **APRN/CNP/PA psychiatric coding guidelines**

#### Physician Assistants must:

- Maintain a collaborative agreement and QA plan with one or more participating psychiatrists
- Complete the NCCPA Certificate of Added Qualifications (CAQ) in Psychiatry
- Have at least 2 years' experience as a full-time Physician Assistant
- Have a minimum of 2,000 hours of clinical practice in psychiatric mental health care within the past 3 years





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#### **APRN/CNP/PA psychiatric coding guidelines**

#### **Billable cdes for psychiatric APRN's**

- 90791 Psychiatric diagnostic evaluation
- 90792 Psychiatric diagnostic evaluation with medical services
- 90832 Psychotherapy, 30 minutes with patient and/or family member
  90833 Psychotherapy, 30 minutes with patient and/or family member when
- 90833 Psychotherapy, 30 minutes with patient and/or family member when performed with an evaluation and management service
- 90834 Psychotherapy, 45 minutes with patient and/or family member
- 90836 Psychotherapy, 45 minutes with patient and/or family member when performed with an evaluation and management service
- **90837** Psychotherapy, 60 minutes with patient and/or family member
- 90838 Psychotherapy, 60 minutes with patient and/or family member when performed with an evaluation and management service
- 90839 Psychotherapy for crisis; first 60 minutes
- 90840 Psychotherapy for crisis; each additional 30 minutes
- 90853 Psychotherapy
- 90863 Pharmacologic management, including prescription and review of medication, when performed with psychotherapy services

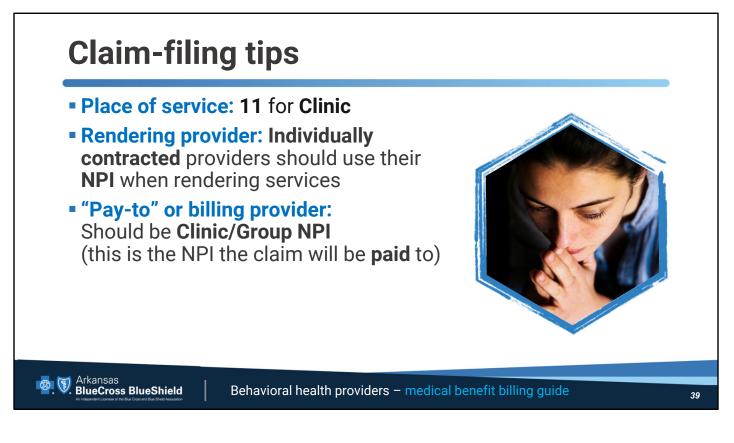
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# **Tips for success**





**Place of service 11** *must* be used in the Clinic setting. Even if you are a solo provider, we **highly recommend** setting up a "group/clinic" with your Tax ID to be your "Pay-to". The Group NPI will be your "Service Location" (block 32) on your claim. Your individual NPI will then be linked to your new group. This will decrease the likelihood of payment errors.

### Telehealth

- Please refer to the telehealth policy for telehealth billing
  - <u>secure.arkansasbluecross.com/members/</u> <u>report.aspx?policyNumber=2015034</u>
- Place of Service 02 or 10 must be used
- Modifier GT or 95 must be used by the distant sight healthcare provider



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Please refer to the telehealth coverage policy for codes that are covered via telehealth. *Not* all codes are covered via telehealth.

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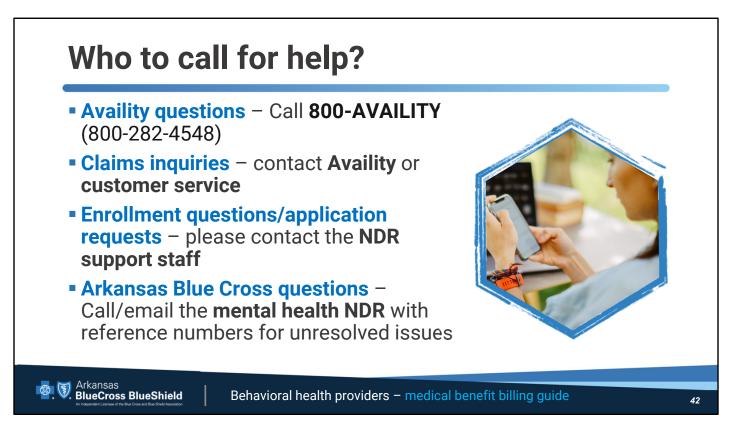
#### **Correcting a denied claim**

- A corrected claim may only be submitted when a claim is denied on a remittance advice (does not pertain to rejections in Availity)
- Choose claim frequency type 7 to submit a correction to a denied claim
  - You will need the original claim number (ICN) from the remittance advice (RA)
- Detailed instructions are available in Availity Direct Data Entry training
  - Alternatively, you can submit a corrected claim through your clearinghouse, using claim frequency type 7



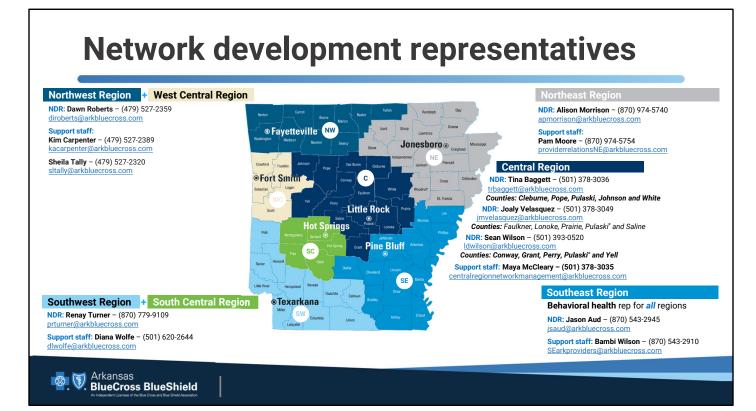
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Please reach out to customer service for any claims-related questions and to Availity for any Availity questions. A reference number will be required prior to reaching out to the NDR or support staff for any claims or Availity questions.

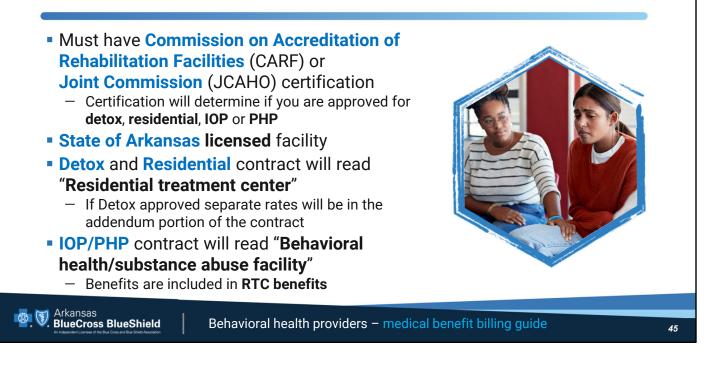
The enrollment process may be initiated by sending email requests to the NDR support staff listed on the following slide. Please make note of the various regions and reach out to the appropriate staff that support your area.



## **Facilities**

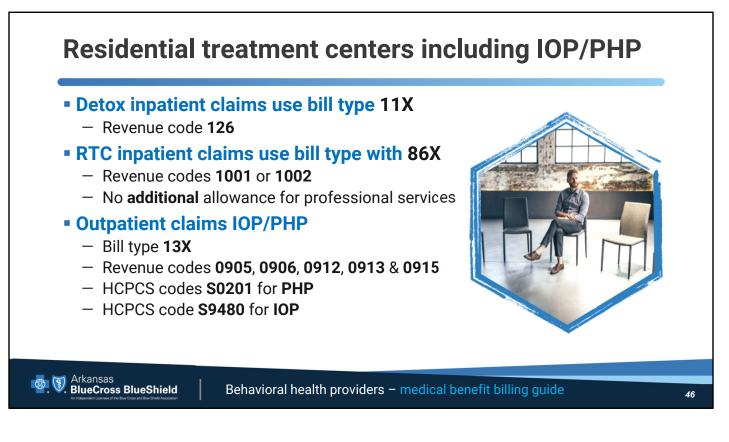


#### **Residential treatment centers including IOP/PHP**



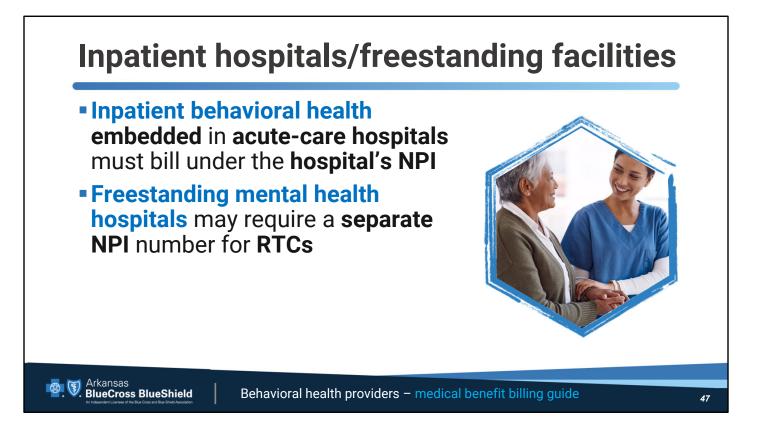
After the provider reaches out to the appropriate region to request network participation, a credentialing packet, including a list of additional information needed, will be forwarded to the provider for completion.

Substance abuse and IOP/PHP benefits will be found under RTC in Availity.



Each date of service should be billed on a separate line with the appropriate HCPCS/CPT code. Individual days should not be billed separately. Interim billing is only accepted for more than 14 continuous days of service.

0912 and or 0913 can be billed with HCPS code S0201 0905 and or 0906 can be billed with HCPS code S9480 An RTC, IOP, PHP billing tip sheet can also be found on our website www.arkbluecross.com under the mental health area.

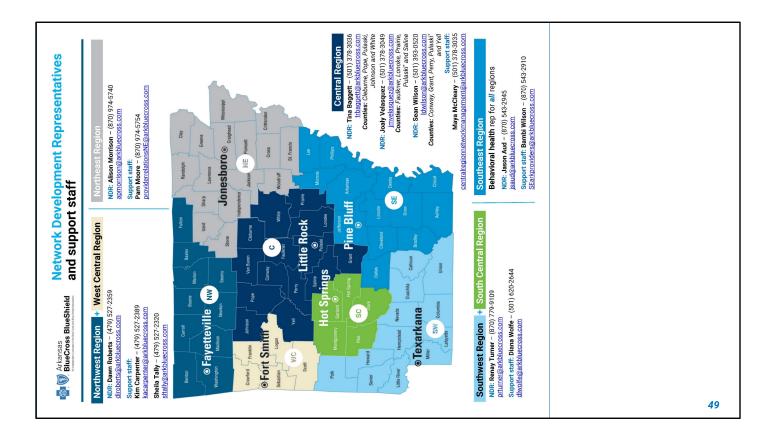


Traditional Acute Care Hospitals who have imbedded mental health services should bill these services under their acute-care NPI number. Reimbursement will be based on the provider's contract.

Freestanding mental health hospitals may be required to have a separate NPI number for RTC services.

### Resources





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