



2025 Summary of Benefits

BlueMedicare Value (PFFS) H4213-019

This Summary of Benefits

This is a summary of the benefits for:

- BlueMedicare Value (PFFS) H4213-019

The benefit information in this document is a summary of what we cover and your cost share. It does not list every service, limitation, or exclusion. To get a complete list of covered services, call us and ask for an “Evidence of Coverage” or “EOC.” You can also find all of our EOCs on our website at www.arkbluemedicare.com.

If you’d like to learn more about the coverage and costs of Original Medicare, review the current “Medicare & You” handbook. You can find it online at www.medicare.gov or get a copy by calling **1-800-MEDICARE (1-800-633-4227)**, 24 hours a day, seven days a week. TTY users should call **1-877-486-2048**.

Plan Eligibility

To join, you must:

- Be entitled to Medicare Part A
- Be enrolled in Medicare Part B
- Live in the plan’s service area

Service Area

The service area for BlueMedicare Value (PFFS) H4213-019 includes the following Arkansas counties: Baxter, Benton, Boone, Carroll, Clark, Cleburne, Conway, Craighead, Crawford, Faulkner, Franklin, Fulton, Garland, Greene, Hot Spring, Izard, Jefferson, Johnson, Logan, Lonoke, Madison, Marion, Newton, Ouachita, Perry, Poinsett, Polk, Pope, Pulaski, Saline, Scott, Searcy, Sebastian, St. Francis, Van Buren, Washington, White, Woodruff, Yell.

BlueMedicare Value (PFFS) H4213-019 Is A PFFS Plan

A PFFS plan is a private fee-for-service health plan offered by a private insurance company. Our PFFS plans have a network of contracted healthcare providers and facilities – these are in-network providers. Providers and facilities who are not contracted with our plan are considered out-of-network. As a PFFS member, you’ll have the choice of going to an in-network or out-of-network provider or facility. Generally, your out-of-pocket costs for an out-of-network provider will be higher than for one who is in-network. Additionally, the out-of-network provider must agree to accept our plan’s payment terms and conditions.

BlueMedicare Value (PFFS) does not require members or their providers to get prior authorization or a referral from the plan as a condition for covering medically necessary covered services. If you have any questions about if we’ll cover a medical service or care you’re considering, call us in advance and ask if it’ll be covered.

How to Contact Us

If you’re a current member of one of these plans, call us at **1-844-463-1088 (TTY: 711)**. If you’re not a member of one of these plans, call us at **1-855-591-9794 (TTY: 711)**.

October 1 to March 31: We’re available seven days a week from 8:00 a.m. to 8:00 p.m. Central, except for Thanksgiving and Christmas.

April 1 to September 30: We’re available Monday through Friday, 8:00 a.m. to 8:00 p.m. Central.

You can also visit our website at www.arkbluemedicare.com.

**BlueMedicare
Value (PFFS)
H4213-019**

Monthly Premium, Deductible, and Limits

Monthly Plan Premium

You must continue to pay your Medicare Part B premium.

\$39

Medical Deductible

\$1,000 (out-of-network only)

Annual Maximum Out-of-Pocket Costs

It's the most you'll pay out of your own pocket (copays and/or coinsurance) for covered medical services for the year. Once you reach this amount, our plan will pay 100% of your covered medical costs for the rest of the plan year.

Combined in- and out-of-network

\$7,500

For members who travel and live out-of-state for part of the year, we cover out-of-network out-of-Arkansas services at in-network cost sharing. The \$1,000 out-of-network deductible only applies to services received within Arkansas from non-contracted providers (providers not in our network).

**BlueMedicare
Value (PFFS)
H4213-019**

	In-Network or Out-of-Network (out of AR)	Out-of-Network (in AR)
Medical Benefits		
Inpatient Hospital	\$390 copay per day for days 1–5; \$0 copay per day for days 6–90	40% coinsurance
Outpatient Hospital		
Outpatient surgery/non-surgery	\$340 copay	40% coinsurance
Outpatient observation	\$340 copay	40% coinsurance
Ambulatory Surgical Center (ASC) Services	\$340 copay	40% coinsurance
Doctor Visits		
Primary care provider (PCP)	\$20 copay	40% coinsurance
Specialist	\$50 copay	40% coinsurance
Preventive Care	\$0 copay	40% coinsurance

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**In-Network or
Out-of-Network
(out of AR)**

**Out-of-Network
(in AR)**

Medical Benefits

Preventive Care – More Information

Services include: Abdominal aortic aneurysm screening, alcohol misuse counseling, Annual Wellness Visit, barium enema, bone mass measurement, breast cancer screening (mammogram), cardiovascular disease (behavioral therapy), cardiovascular screening, cervical and vaginal cancer screening, colorectal cancer screenings (colonoscopy, fecal occult blood test, flexible sigmoidoscopy), depression screening, diabetes screening, diabetes self-management training, digital rectal exam, electrocardiogram (EKG), glaucoma screening, HIV screening, lung cancer screening, medical nutrition therapy services, Medicare diabetes prevention program, obesity screening and counseling, prostate cancer screening (PSA), sexually transmitted infections screening and counseling, tobacco use cessation counseling (counseling for people with no sign of tobacco-related disease), vaccines (including flu, hepatitis B, and pneumococcal shots), and the "Welcome to Medicare" preventive visit (one-time). Any additional preventive services approved by Medicare during the plan year will be covered.

<p>Emergency Room (ER)</p>	<p style="text-align: center;">\$110 copay</p> <p style="text-align: center;">(If you receive multiple services at the same location (e.g., the emergency room), you will pay the highest copay amount of all the services provided.)</p>
<p>Urgently Needed Services</p>	<p style="text-align: center;">\$45 copay</p>

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**In-Network or
Out-of-Network
(out of AR)**

**Out-of-Network
(in AR)**

Medical Benefits

Diagnostic Services/Labs/Imaging

Diagnostic test – spirometry

0%
coinsurance

40%
coinsurance

Diagnostic test – home-based sleep study

20%
coinsurance

40%
coinsurance

All other diagnostic tests and procedures

20%
coinsurance

40%
coinsurance

Lab services – genetic testing

20%
coinsurance

40%
coinsurance

All other lab services (except genetic testing)

0%
coinsurance

40%
coinsurance

Radiology – diagnostic mammogram

\$25
copay

40%
coinsurance

Radiology – ultrasound

\$25
copay

40%
coinsurance

All other diagnostic radiology services

\$340
copay

40%
coinsurance

Radiation therapy

20%
coinsurance

40%
coinsurance

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Out-of-Network
(out of AR)**

**Out-of-Network
(in AR)**

Medical Benefits

X-rays

20%
coinsurance

40%
coinsurance

Diagnostic Services/Labs/Imaging – More Information

- If you receive multiple services at the same location (e.g., the emergency room or freestanding diagnostic radiology office), you will pay the highest copay amount of all the services provided.
- If the cost share for one service is a copay and the cost share for another service is a coinsurance, you may be asked to pay both the copay and coinsurance.

Hearing Services

Medicare-covered hearing exams

\$50
copay

40%
coinsurance

Routine hearing exam (1 per year)

\$0
copay

\$0
copay

Hearing aid fittings/evaluation (1 year of follow-up visits with hearing aid purchase)

\$0
copay

\$0
copay

Hearing aids (Advanced / Premium – up to 2 hearing aids per year, 1 per ear)

\$699 / \$999
copay per hearing aid

Hearing Services – More Information

- TruHearing providers must be used for the routine hearing exam.
- TruHearing hearing aids must also be used.

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**In-Network or
Out-of-Network
(out of AR)**

**Out-of-Network
(in AR)**

Medical Benefits

Dental – Preventive Services

Exams (up to 2 per calendar year)

\$0
copay

50%
coinsurance

Cleanings (2 per calendar year)

\$0
copay

50%
coinsurance

X-rays (1 per calendar year to every 3
calendar years depending on the service)

\$0
copay

50%
coinsurance

Fluoride treatments

Not covered

Dental – Comprehensive Services

Medicare-covered dental services

\$50
copay

40%
coinsurance

Diagnostic services

Not covered

Non-routine services

Not covered

Restorative services (1 per calendar year)

20%
coinsurance

50%
coinsurance

Endodontics

Not covered

Periodontics (up to 2 per calendar year to every
3 calendar years depending on the service)

20%
coinsurance

50%
coinsurance

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Medical Benefits

Extractions (unlimited per calendar year)

20%
coinsurance

50%
coinsurance

Adjunctive general services

Not covered

Prosthodontics, removable (up to 2 per calendar year to every 3 calendar years depending on the service)

20%
coinsurance

50%
coinsurance

Dental annual allowance (combined preventive and comprehensive services, in-network and out-of-network)

\$3,000

Dental Services – More Information

- Covered dental services are subject to conditions, limitations, exclusions, and maximums.
- Network dentists have agreed to provide services at a negotiated rate. If you see a network dentist, you cannot be billed more than that rate.

Vision Services

Medicare-covered diabetic retinopathy screening

\$0
copay

40%
coinsurance

Medicare-covered glaucoma screening

\$0
copay

40%
coinsurance

All other Medicare-covered eye exams

\$50
copay

40%
coinsurance

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Medical Benefits		
Medicare-covered eyewear	\$50 copay	40% coinsurance
Routine eye exam	Not covered	
Routine eyewear	Not covered	
Routine eyewear annual allowance	Not covered	
Mental Health		
Inpatient hospital	\$390 copay per day for days 1–5; \$0 copay per day for days 6–90	40% coinsurance
Outpatient mental health specialty and psychiatric visits (individual and group therapy sessions)	\$35 copay	40% coinsurance
Skilled Nursing Facility (SNF) Services	\$0 copay per day for days 1–20; \$203 copay per day for days 21–100	40% coinsurance

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(out of AR)**

**Out-of-Network
(in AR)**

Medical Benefits

Rehabilitation/Therapy Services

Physical therapy

\$35
copay

40%
coinsurance

Occupational therapy

\$35
copay

40%
coinsurance

Speech therapy

\$35
copay

40%
coinsurance

Ambulance Services

Ground ambulance

\$325
copay

\$325
copay

Air ambulance

20%
coinsurance

20%
coinsurance

Transportation (health-related)

Not covered

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Medical Benefits

Medicare Part B Drugs

Insulin products (e.g., for an insulin pump)

\$35
copay

40%
coinsurance

Chemotherapy/Radiation drugs

0%–20% coinsurance

40%
coinsurance

Other Part B drugs

0%–20% coinsurance

40%
coinsurance

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Additional Medical Benefits		
Podiatry Services (foot care)		
Medicare-covered services	\$50 copay	40% coinsurance
Routine services	Not covered	
Medicare-Covered Chiropractic Services	\$15 copay	40% coinsurance
Medical Equipment and Supplies		
Durable medical equipment (DME)	20% coinsurance	20% coinsurance
Prosthetics	20% coinsurance	20% coinsurance
Medical supplies	20% coinsurance	20% coinsurance
Diabetic supplies – testing supplies from our preferred manufacturers Lifescan and Roche	\$0 copay	20% coinsurance
Diabetic supplies – continuous glucose monitors (CGMs) from our preferred manufacturers Dexcom and FreeStyle	\$0 copay	20% coinsurance
Diabetic therapeutic shoes or inserts	20% coinsurance	20% coinsurance

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Additional Medical Benefits		
Additional Rehabilitation Services		
Cardiac rehabilitation	\$30 copay	40% coinsurance
Intensive cardiac rehabilitation	\$45 copay	40% coinsurance
Pulmonary rehabilitation	\$15 copay	40% coinsurance
Supervised exercise therapy for peripheral artery disease (PAD)	\$20 copay	40% coinsurance
Telehealth		
PCP, specialist, urgently needed, and outpatient mental health (individual and group therapy sessions) services	\$0 copay	Not covered

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Extra Benefits		
<p>Walmart Wellness Benefits Card – OTC You'll be able to get over-the-counter (OTC) items from Walmart with our quarterly OTC benefit. Conveniently shop in-store at your local Walmart, online at Walmart.com, or through the Walmart app using your Walmart Wellness Benefits Card for OTC. (You can also call or mail in your order.) With thousands of products online and in store, an easy-to-use catalog, and a preloaded debit card, accessing your OTC benefit will be quick and easy. (Unused funds at the end of each quarter do not rollover to the next quarter.)</p>	Not covered	

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Extra Benefits

Walmart Wellness Benefits Card – Food & Produce

If you have been diagnosed with a chronic health condition, you may be able to get the Walmart Wellness Benefits Card for food and produce. You can use the preloaded debit card to purchase healthy food and fresh produce from your local Walmart. (Only one debit card will be issued, which will have two separate allowances on it – one for OTC and the other for food and produce.) This food and produce benefit is a monthly allowance, and unused funds at the end of each month do not rollover to the next month.

The benefit mentioned here is part of a special supplemental program for chronically ill members with one or more of the following conditions: Cancer, chronic heart failure (CHF), diabetes, osteoporosis, or stroke. (Not all the eligible chronic conditions are listed here.) Even if you have one of the listed chronic conditions, you may not receive the benefit because coverage depends on you being identified as a “chronically ill member” and that you meet the plan’s criteria for this benefit.

Not covered

	BlueMedicare Value (PFFS) H4213-019	
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Extra Benefits		
Blue Medicare Sapphire Card You'll receive a pre-loaded Mastercard debit card to help reduce out-of-pocket expenses (in-network and out-of-network) for <u>covered</u> dental, vision, and hearing services. The annual allowance is combined for in-network and out-of-network services.	Not covered	
In-Home Support Services You can get a set number of hours per year for help with activities of daily living (ADLs) (e.g., bathing and dressing) and instrumental activities of daily living (IADLs) (e.g., errands and transportation to appointments). Scheduling your visits is easy and convenient (visits must be in two-hour or four-hour increments).	Not covered	
SilverSneakers® You'll have access to a fitness benefit at participating SilverSneakers facilities (instructor-led group exercise classes and exercise equipment), ways to get active outside of traditional gyms, and digital/virtual options.	\$0 copay	Only the in-network benefit can be used.

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Extra Benefits		
24-Hour Nurse Advice Line	\$0 copay	Only the in-network benefit can be used.
Additional Physical Exam This is in addition to the Medicare-covered Annual Wellness Visit.	\$0 copay	40% coinsurance
Meals Benefit Immediately following surgery or discharge from a hospital stay, you can get two nutritious meals per day for seven days (a total of 14 meals per year) delivered to your home.	Not covered	
Worldwide Emergency/Urgent Care Services Up to \$15,000 per year combined for emergency and urgently needed services outside the U.S.	20% coinsurance	

Arkansas Blue Medicare is an affiliate of Arkansas Blue Cross and Blue Shield. Arkansas Blue Medicare offers HMO, PFFS, PPO, and PDP plans with Medicare contracts. Enrollment in Arkansas Blue Medicare depends on contract renewal.

Pre-Enrollment Checklist

Before making an enrollment decision, it is important that you fully understand our benefits and rules. If you have any questions, you can call and speak to a customer service representative at **1-855-591-9794** (TTY: 711).

Understanding the Benefits

- The Evidence of Coverage (EOC) provides a complete list of all coverage and services. It is important to review plan coverage, costs, and benefits before you enroll. Visit **www.arkbluemedicare.com** or call **1-855-591-9794** (TTY: 711) to view a copy of the EOC.
- Review the Provider Directory (or ask your doctor) to make sure the doctors you see now are in the network. If they are not listed, it means you will likely have to select a new doctor.

Understanding Important Rules

- In addition to your monthly plan premium, you must continue to pay your Medicare Part B premium. This premium is normally taken out of your Social Security check each month.
- Benefits, premiums, and/or copayments/coinsurance may change on January 1, 2026.
- Our plan allows you to see providers outside of our network (non-contracted providers). However, while we will pay for covered services, the provider must agree to treat you. Except in an emergency or urgent situation, non-contracted providers may deny care. In addition, you will pay a higher copay for services received by non-contracted providers.
- Effect on Current Coverage: If you are currently enrolled in a Medicare Advantage plan, your current Medicare Advantage healthcare coverage will end once your new Medicare Advantage coverage starts. If you have Tricare, your coverage may be affected once your new Medicare Advantage coverage starts. Please contact Tricare for more information. If you have a Medigap plan, once your Medicare Advantage coverage starts, you may want to drop your Medigap policy because you will be paying for coverage you cannot use.